



供僧会

Sangha Dana

供僧的由来及意义

「供僧」又称「斋僧」，其由来可追溯到佛陀时代。据说佛陀的弟子目犍连尊者见到自己的亡母，堕在恶鬼道中受苦，每于送饭菜给亡母时，食物尚未入口，即化成灰炭。目犍连尊者于是前去请示佛陀，佛陀答道：「你的母亲在生时，谤佛谤僧，不信因果正法，所以受此苦报，现在你唯有仰仗供养十方僧众功德之力，方能令你母亲脱离恶鬼之苦。」尊者听后，欢喜奉行，于盆中设甘露美食，供养十方僧众。因此，「供僧大会」乃蕴含倡导慎终追远、感恩父母之意义，亦可以此功德回向先祖亲眷，现在眷属增延福寿，祝愿世界和平，众事成就。

僧宝能弘扬佛法，度化众生，善根增长，所以清净僧宝实为世间大福田。各位信众能以恭敬心、清净心，斋供德慧具足的僧宝，功德不可思议，能救拔众生，离苦得乐，增长福慧。

圆点心宁中心是第二次主办「供僧会」，欢迎您以恭敬心、感恩心、慈悲心、平等心莅临参与盛会，供佛及僧。所谓布施者，必获其利益，若为乐故施，后必得安乐。

Dana is an act of generosity, intended to develop selflessness and overcome greed and desires. Although dana commonly refers to the offering of a meal, it can also refer to an offering of other basic necessities to a monk or a nun.

"If beings knew, as I know, the results of giving and sharing, they would not eat without having given, nor would the stain of miserliness overcome their minds." ~ *Buddha Shakyamuni*

"Generosity brings happiness at every stage of its expression. We experience joy in forming the intention to be generous. We experience joy in the actual act of giving something. And we experience joy in remembering the fact that we have given." ~ *Buddha Shakyamuni*

Do it wholeheartedly and feel happy that you have made an offering. Know that in your offering, you are creating the causes for lifetimes of happiness for yourself and your loved ones.



DOT CONNECTIONS
GROWTH CENTRE 圆点心宁中心

日期 Date	:	5.9.2015 (星期六)
时间 Time	:	10am - 12pm
仪式 Ceremony	:	诵经、供佛、供僧、开示、祝福、回向、用斋。
人数 Participant	:	人数有限，额满即止
报名 Registration	:	98115438 慧莉/Sharon
地点 Venue	:	46 Sims Place #01-197 (Level 2) Singapore 380046

